

## **Dextro Energy Triathlon - ITU World Championship Series – Round 3, Washington DC, USA**



### **MOFFATT VICTORIOUS IN WASHINGTON, SNOWSILL SETTLES FOR SECOND**

Emma Moffatt registered a surprise victory at round three of the Dextro Energy Triathlon - ITU World Championship Series as she outran compatriot and Olympic gold medallist Emma Snowsill for the win. Crossing the line in front of the Capitol Building in 1:59:55, Moffatt's win takes her to the top of the Dextro Energy Triathlon - ITU World Championship Rankings.

The Australian Olympic bronze medallist put together a textbook race from start to finish, placing highly in the 1500m swim as a small group of women managed to take the initiative to establish an early lead. Snowsill found herself caught between the leaders and the chase pack, before being eventually reeled in by Switzerland's Daniela Ryf. The hard work of the Swiss athlete eventually took the chasers up to the leaders as the front pack failed to work cohesively enough to maximise their advantage.

Late on the 40km cycle the home crowd were lifted by a breakaway orchestrated by Mary Beth Ellis and Sarah Haskins. The American pair drew out a 35 second advantage heading onto the 10km run, but were quickly caught by the charging Moffatt.

Whilst Moffatt pulled out her lead, further back Lisa Norden from Sweden was forced to the sidelines after 2.5km with cramp after moving into third. Snowsill, who hadn't lost a race since the Beijing World Cup in September 2007, looked to be struggling early on as she tussled with Ryf, whilst Haskins looked strong in second.

It wasn't until the half way point that the Olympic and Commonwealth champion made her move as she started to pull back the gap, but it was too little too late as Moffatt crossed the line with time in hand. Snowsill took second with under23 world champion, Ryf, finding some extra energy in the final ten minutes to overtake Haskins for bronze.

"Washington DC is a spectacular place with the history and monuments. Although I didn't get a chance to take a look during the race! I'm really happy with how it went today; it's a hard year and you have to keep smart with your training and racing to be successful," said Moffatt. "It's nice to know when you take the run out that hard, and to know you're not hurting at all, that no one is catching you. It's a great feeling!"

"I think the ride was really where the push began," explained Snowsill. "There was even a surge in the swim right off the bat and those girls really pushed the pace to close that gap on the bike. Even then once we were together people were trying to make breakaways so we were all going really hard. It was surprisingly windy out there and we were all just hoping that the clouds didn't have any rain; thankfully they held off which was really great because that makes for such much faster racing for us."

"It was a pretty rough swim with the current. I tried a couple of times to get away on the bike but with no luck. The run was fantastic as I managed to stay with Emma [Snowsill] for the first 5km and I am incredibly happy with my race," said a delighted Ryf. "My finish gives me a lot of confidence. To stay and run with an Olympic Champion is pretty amazing. I knew that I had to do a lot of work to keep with the best girls in the world and today I did."

Brownlee's victory also took the Brit to the top of the Dextro Energy Triathlon – ITU World Championship Rankings after the first three of the eight races. He displaces Russia's Dmitry Polyansky who won the European Under 23 Championships in Italy the same weekend as the Washington race. Australia's Brad Kahlefeldt managed to hold on to second ahead of compatriot Courtney Atkinson in third.

Moffatt moved into the top spot as the extra points she accumulated at the Mooloolaba World Cup triathlon took her clear of Snowsill despite them both registering a first and second from the first three races. France's Jess Harrison slipped one place to third with Juri Ide retaining fourth.

Triathlon appears to be ushering in a new force, with young British sensation Alistair Brownlee claiming back-to-back victories in the Dextro Energy Triathlon ITU World Championship Series in Washington DC.

It was a frustrating day for the Australia's four competitors, with only Brad Kahlefeldt managing to finish the race. The New South Welshman finished in 11<sup>th</sup> spot after being stranded in a main pack on the bike that gradually lost crucial ground to a classy lead group of five.

AIS Head Triathlon coach Shaun Stephens said Kahlefeldt was disappointed. "He just didn't look comfortable at all during the race. He's extremely disappointed and pretty frustrated with how it all panned out. No-one wanted to do any work in that main bike pack to catch the leaders and they just let them get away."

Dan Wilson struggled with the flu in the lead-up to the race and retired after the swim, while Greg Bennett and Gareth Halverson also pulled out towards the end of the race.

The day belonged to the 20-year-old Brownlee, who was part of a five-man breakaway group that managed a crucial 15-second lead out of transition after the opening 1500-metre swim. They then converted that to a two-minute break on the flat 40km bike course to have the race among themselves.

Spain's reigning world champion Javier Gomez pushed Brownlee on the 10km run but could not go with the youngster over the final of four laps, claiming silver, while Germany's Maik Petzold secured the bronze medal.

## **Dextro Energy Triathlon - ITU World Championship Rankings**

### **After Race Three of Eight**

1. Emma Moffatt (AUS) 1818pts
2. Emma Snowsill (AUS) 1540pts
3. Jessica Harrison (FRA) 1525pts
4. Juri Ide (JPN) 1448pts
5. Daniela Ryf (SUI) 1405pts

## **Washington DC Dextro Energy Triathlon - ITU World Championship**

### **1.5km swim, 40km bike, 10km run**

#### **Elite Women - Official Results**

- Gold – Emma Moffatt (AUS) 1:59:55  
Silver – Emma Snowsill (AUS) 2:00:20 +0:25  
Bronze – Daniela Ryf (SUI) 2:01:01 +1:06  
4th – Sarah Haskins (USA) 2:01:18 +1:23  
5th – Helen Jenkins (GBR) 2:01:27 +1:32  
6th – Andrea Hewitt (NZL) 2:01:44 +1:49  
7th – Jessica Harrison (FRA) 2:02:05 +2:10  
8th – Juri Ide (JPN) 2:02:28 +2:33  
9th – Sarah Groff (USA) 2:02:52 +2:57  
10th – Lauren Groves (CAN) 2:02:59 +3:04

## **2009 Dextro Energy Triathlon - ITU World Championship Rankings**

### **After Race Three of Eight**

1. Alistair Brownlee (GBR) 1600pts
2. Brad Kahlefeldt (AUS) 1536pts
3. Courtney Atkinson (AUS) 1437pts
4. Javier Gomez (ESP) 1425pts
5. Jarrod Shoemaker (USA) 1372pts

## **2009 Washington DC Dextro Energy Triathlon - ITU World Championship**

### **1.5km swim, 40km bike, 10km run**

#### **Elite Men - Unofficial Results**

- Gold – Alistair Brownlee (GBR) 1:48:58  
Silver – Javier Gomez (ESP) 1:49:11 +0:13  
Bronze – Maik Petzold (GER) 1:49:24 +0:26  
4th – Andy Potts (USA) 1:49:51 +0:53  
5th – Hunter Kemper (USA) 1:50:24 +1:26  
6th – Jan Frodeno (GER) 1:50:32 +1:34  
7th – Laurent Vidal (FRA) 1:50:36 +1:38  
8th – Jarrod Shoemaker (USA) 1:50:41 +1:43  
9th – Steffen Justus (GER) 1:50:52 +1:54  
10th – Will Clarke (GBR) 1:50:59 +2:01

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